## PhD Vlog Week 1: Sana Rahim Transcript

| TIME     | SPEAKER | AUDIO  |
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| 00:00:00 |         | [TITLE BOARD]  |
| 00:00:05 | Sana    | Today was officially the first day of my PhD and<br>I did absolutely no work and what I did do,<br>though, actually, was I proofread a PhD thesis,<br>around four chapters, which was quite a lot of<br>reading, for a friend of mine who has her two-<br>year exam. And I'm actually quite happy that I<br>did that because it gave me a bit of an idea of<br>how much work it actually is  |
| 00:00:30 |         | and to hopefully, when my time comes, she'll<br>return the favour. So, yes, but in terms of me, I<br>just printed out the email, the welcome email<br>that I got, and apart from that, I did nothing<br>else. But there is a student schedule on there<br>which, by looking at first glance, was just so<br>overwhelming that This one is  |
| 00:01:00 |         | This is my PhD Vlog. Today is officially day<br>three for me being a registered PhD student<br>and so far today, I went shopping in the<br>morning to pick up a few bits for the kids and<br>then I came back and I sorted out this<br>application; printed out five copies of it, which<br>is what they've requested. And it's basically an<br>application for a £500 grant for travelling<br>expenses and other expenses for carrying out<br>research. It's worth giving a shot and worth<br>experiencing, well practising, how it is to start<br>filling out applications to grab any sort of<br>research grants that are out there. I had sent<br>my supervisor a copy of it |
| 00:01:30 |         | and today he sent back a really nice reference,<br>so I'm really happy about that. And I'm just<br>going to send that off before I pick up the kids. I<br>went onto the university blackboard and I<br>looked at the modules that we are enrolled on<br>and mostly they are sort of just leading towards<br>your research anyway. So the first one is giving<br>you practice or telling your, sort of directing<br>how to start your literature review and then the<br>other ones  |
| 00:02:00 |         | are sort of like a reflect statement that you need<br>to do and then I think the third and fourth are<br>qualitative and quantitative methods training.  |

|          |      | So, yes, I'm going to slowly start to go through<br>them. Today is officially day four and I have<br>spent the day reading a little bit about how to<br>start, what the module includes, and the first<br>module which is basically teaching  |
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| 00:02:30 |      | you how to write like a social scientist. And<br>they gave us a link to this book and, to be<br>honest, I haven't really read it, to be fair, but I<br>have skimmed through it and I have also<br>downloaded the module handbook and I also<br>just sort of What else did I do? I think I tidied<br>up a little bit. I wanted to organise upstairs a<br>little bit because I recently made Imaad's cot<br>into a bed  |
| 00:03:00 |      | and everything that was under the cot is now<br>Needs to be sort of tidied away. They have so<br>much books in their room. I have this personal<br>thing where I end up actually more on the<br>dining table than I do here, and there's a lot of<br>reasons for that. Reason number one is that it's<br>right next to the kettle and that's really, really<br>important. Number two, because in the day, I<br>usually like the sunlight that comes onto the<br>dining table and also                                     |
| 00:03:30 |      | it's just me at home, so really it doesn't matter<br>where I sit as long as I'm comfortable and<br>there's tea and I like to move around. Yes, I<br>think it's really, really important that the kids<br>learn the map and the flags and just get this sort<br>of interest in travelling and seeing the world.<br>So, me doing international relations as my<br>subject, I really like maps and countries and a<br>little bit of geography. So that's my world map,<br>which is quite big, to be honest, but there it is. |
| 00:04:00 |      | And then I have my desk here. At the moment,<br>because I'm at the fairly beginning days of my<br>PhD, I just have random books here that I feel<br>like reading or checking out or I want to get<br>around to read.  |
| 00:04:12 |      | [TIME FOR SCHOOL]   |
| 00:04:25 | Sana | Once you are a registered student with your<br>university, you need to go onto the SCONUL<br>website and click on the university library that<br>you intend to visit. So in my case, that would   |

|          |      | be Hi! In my case, that would be Manchester<br>University Library. So if you go onto the<br>website and you fill the forms in, then they will<br>give you a reply pretty soon. They replied to<br>me two days later to say that I was accepted<br>and that I need to print the form out and take<br>my ID, my student ID, to the library to get  |
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| 00:05:00 |      | an ID card with that library. My friend's here<br>now, so I'll Hi, everyone. Today is Friday and<br>I am just sat outside in the garden supervising<br>the kids playing and we have a Bye! We have<br>a Okay! We have a secure car park where I<br>sometimes let them go outside the garden to<br>play, but then I have so sort of keep an eye on<br>them, as well, just to make sure. So, yes, I'm just<br>sat here and I just thought it would be nice to<br>reflect on the week that we've had.   |
| 00:05:32 | Воу  | [Unclear 00:05:32]   |
| 00:05:34 | Sana | And I thought it would be nice to reflect on the<br>week as a first-week distant learner. There was<br>a lot of sort of looking through the module<br>handbook and looking through the set of<br>instructions and sort of getting a feel of the<br>blackboard and things like that that I think that<br>was the main thing, so I did pretty much do that<br>every day a little bit.  |
| 00:06:00 |      | I guess next week, I will be doing a lot more sort<br>of planning my literature review or sort of<br>getting into some sort of subheadings of what I<br>want to How I want to theme or split or<br>separate whatever my topics, my main reading,<br>and stuff like that. Apart from that, I sent the<br>grant off this week, the grant application, which<br>I'm really happy that I did. And apart from that,<br>the most important tips and pointers that I'm<br>going to give for a distant learner is send any<br>documents that need sending, |
| 00:06:30 |      | any registration forms, straight away. And<br>don't wait for replying to any emails or<br>anything like that. Make a note of your IT<br>account, your username, password, for library,<br>for postal loans and all that. It's really, really   |

## **END OF TRANSCRIPT**