## PhD Vlog Week 3: Paulette Toppin Transcript

TIME	SPEAKER	DIALOGUE
00:00:06	Paulette	We've come to the end of week three and what a busy week it's been. I've been involved in a number of activities. The first activity was attending a two day Academic Writing Workshop and there the opportunity to come together with all the other January starters was one that I was particularly pleased to get involved in. Let me know you a short clip from that training session and some of my immediate thoughts.
00:00:41	Paulette	Okay, so here I am at the second workshop that I've attended, compulsory workshop, looking at Academic Writing, look at writing for publication and looking at what makes a good PhD. So it's been quite a long day, but very informative day.
00:01:07	Paulette	Upon reflecting further on the workshop, I think as well as having the opportunity to be immersed with other PhD students, particularly those January starters at the same time as myself, one of the important things I think that came through, was very much the rigor of academic writing and writing style and the messages different styles
00:01:37		might convey. That was a really steep learning curve for me, and perhaps others, who had been away from academic writing for some time. The other key thing that came out of the two days was the idea that the PhD is like a project and that in managing that project, we ought to be engaging with the principles of effective project management.
00:02:07		And I'm not sure why, but I haven't quite considered in that way before. So taking on board those principles that include an effective risk assessment and plotting those key milestones and targets really struck a chord with me and is something that I will be responding to straight away. I think particularly bearing in mind that as a PhD

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00:02:37	Student, because your timetable isn't quite as
	full in the way it is for full-time students,
	there is quite a lot of independent study. So
	managing the project, I think particularly in
	the early stages, is going to be absolutely
	critical. So that was helpful I think. The other
	opportunity I've had this week, is to attend an
	away day with my research centre and that
00:03:08	was fascinating. It was a real opportunity to
00.03.00	immerse myself in the research community
	and to see research in terms of the bigger
	picture of my research centre and where I, as
	a PhD Student might fit into that bigger
	picture. But just to be immersed in and with
	the research community all day and to learn
	of some of the challenges, some of the
	opportunities, some of the activities that
00:03:38	other members of my research centre have
	been involved in, was really quite
	empowering. What I've learned through this
	week and what my top tips are from this
	week, I think I have two tips. The first is to
	take every opportunity to immerse yourself
	within the research community and as those
00:04:08	opportunities do present, to grab them with
	both hands. The other tip is to treat the PhD
	as a project and engage with all the principles
	of effective project management to manage
	that project effectively.
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